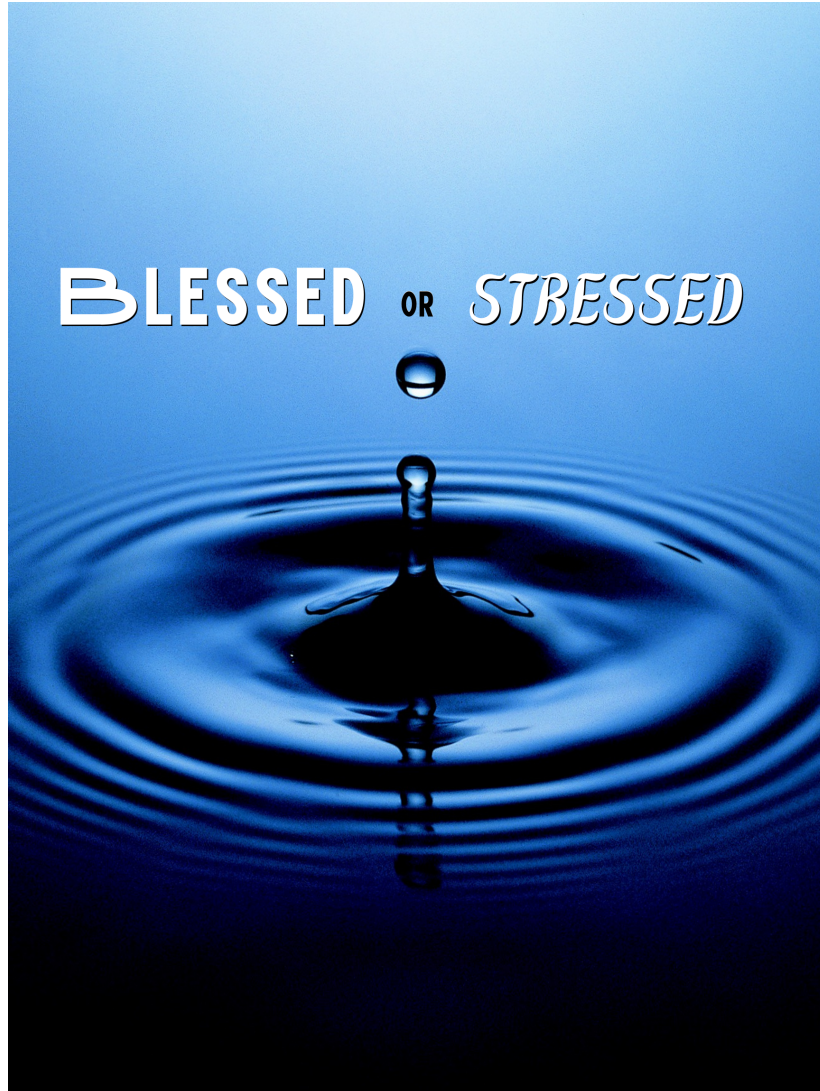


*"Because your steadfast love is better than life,  
my lips will praise you." Psalm 63:3*



We experience so much stress and worry in our daily lives. Not enough time to do things we need to do, health issues with aging parents, kids having trouble in school, the boss giving overwhelming time limit demands on our jobs and the list goes on. We want so badly to make all of those things work out for the good, but sometimes it just doesn't happen. God has a plan to help us through those difficult times. He works through the Apostle Paul to explain to us exactly what needs to be done to go from stressed to blessed.

**July 31, 2022**  
ST. ANDREWS PRESBYTERIAN CHURCH  
DUNEDIN, FLORIDA

## WORSHIP NOTES PAGE

### **Philippians 4:6-13 NLT:**

<sup>6</sup>Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. <sup>7</sup>Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

<sup>8</sup>And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. <sup>9</sup>Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you.

<sup>10</sup>How I praise the Lord that you are concerned about me again. I know you have always been concerned for me, but you didn't have the chance to help me. <sup>11</sup>Not that I was ever in need, for I have learned how to be content with whatever I have. <sup>12</sup>I know how to live on almost nothing or with everything. I have learned the secret of living in every situation, whether it is with a full stomach or empty, with plenty or little. <sup>13</sup>For I can do everything through Christ, who gives me strength.

### **Old Testament - Isaiah 40: 28b-31 - NRSV**

The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted, but those who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

### **New Testament - 1 Peter 5:6-8 - NIV**

<sup>6</sup>Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. <sup>7</sup>Cast all your anxiety on him because he cares for you.

<sup>8</sup>Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.



## A WORD TO OUR GUESTS

# *Welcome!*

We're glad you are here. We know you have many choices of what to do with your time. We are happy that you chose to spend it with us this morning. We want you to know that in order to make this the best possible experience for you...

### **We will go out of our way to:**

- Be clear about Jesus. Present as clear a picture as we can of the positive, hopeful, life-changing message of Jesus Christ.
- Make sure you feel welcome. Our commitment is to make sure you feel accepted, valued and never judged.
- Make what you wear a non-issue. You are dressed perfectly. Jesus cares about you, not your clothes. We feel the same way.
- Let you be anonymous. We won't single you out or make you feel awkward. We'll introduce ourselves, but not be pushy.
- Talk in words that make sense, and if we use special words, we'll carefully explain them.
- Not pressure you to give. No guilt. Believe it or not, we don't care whether you give money. You are our welcome guest today.
- Take care of your children. We are as nuts about the safety and care of your children as we are about Jesus.
- Love you. Even if we don't know you yet, we know God loves you and, therefore, so do we.

Be sure to stop by the Welcome Center.  
We have a gift and a warm welcome for you.

*Shout for joy to God, all the earth!  
Sing the glory of his name; make his praise glorious.  
Psalm 66:1-2*

## **CONTEMPORARY SERVICE 9:30 A.M.**

### **Music**

Drums and stringed instruments are mentioned in the Bible, and we use them freely in this service. The emphasis is on celebration and great joy.

### **Lord's Prayer**

**Our Father, who art in heaven, Hallowed be Thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For Thine is the kingdom and the power and the glory forever. Amen.**

### **Message**

God is at work in this world and speaks to us through his Word written and spoken. Through the Scriptures, the Spirit of God works to convict and convert hearts and build up the faith of believers.

**Sermon Title:** Blessed or Stressed

Lay Pastor Ron Marston

**Key Scripture:** Philippians 4:6-13 - NLT

**Big Idea:** The stress in our lives is man-made, not God-made.

### **Children**

Preschool and Elementary age children are invited to Kid's Worship where they will hear a lesson based on a Bible passage and have fun with group activities that help the lesson stick. Parents, please sign your children in before 9:30am each Sunday morning. Sign them out when you pick them up at the end of worship.

Ages 18 months - 5 years in Room #11

Kindergarten - 5th Grades in Room #10

*Praise the Lord. How good it is to sing praises to our God,  
how pleasant and fitting to praise him!  
Psalm 147:1*

## **TRADITIONAL SERVICE 11:00 A.M.**

*Gather in God's Name*

### **Silent Prayer in Preparation for Worship**

*O gracious and holy God, give us diligence to seek you, wisdom to perceive you, and patience to wait for you. Grant us, O God, a mind to meditate on you; eyes to behold you; ears to listen for your word; a heart to love you; and a life to proclaim you; through the power of the Spirit of Jesus Christ our Lord. Amen.*

*- Prayer by Benedict of Nursia (c. 480–547)*

### **Prelude**

Mark Hunter

*Our Father in Heaven II - Bach*

### **Chiming of the Hour**

Mark Hunter

### **Welcome & Announcements**

Amanda Bowman

### **Responsive Call to Worship (Based on Psalm 121)**

Lisa Goodrich

Leader: We gather today to open our hearts to a question.

**People: Where do we look for help in troubled times?**

Leader: Our help comes from the One who made heaven and earth,

**People: The Lord our Creator is also the One who protects us.**

Leader: The Lord will give us strength to resist evil,

**People: He will watch over us today and forever and ever. Blessed is the name of the Lord. Amen!**

Leader: Let the people of God stand and worship!

### **\*Congregational Singing**

*"Be Thou My Vision" #303*

**\*Affirmation of Faith - Apostles' Creed**

Lisa Goodrich

**\*Congregational Affirmation Response - #137**

*Blessing and honor and glory and power, Wisdom and riches and strength evermore give ye to Him who our battle hath won, Whose are the Kingdom, the crown, and the throne.*

**Unison Prayer of Confession**

Lisa Goodrich

**Have mercy on us, Lord: You have set Your way before us, and we tremble to see it. It is not just suffering we are afraid to bear, but also the weight of your call: Your command to excel in love, rejoice in hope, and live peaceably with all—your appeal to overcome evil with good. Merciful God, forgive our fear and faithlessness. Help us to see what You see, to follow where You go, and to live in awe at Your presence, which is our help and encouragement. We pray in Jesus' name. Amen.**

**Assurance of Pardon**

Lisa Goodrich

**Prayers of the People & Lord's Prayer**

Lisa Goodrich

**\*Congregational Singing**

*"Open My Eyes That I May See" #390*

**Giving of God's Tithes & Offerings**

Lisa Goodrich

**Offertory**

*Special Music*  
Dylan Cantin, trombone

**Congregational Offering Response - #313**

*All things are Thine; no gift have we, Lord of all gifts, to offer Thee; And hence with grateful hearts today Thine own before Thy feet we lay.*

**\*Prayer of Dedication and Illumination**

Lisa Goodrich

*The Word of God Proclaimed*

**Old Testament Reading – Isaiah 40:28b-31 NRSV**

Lisa Goodrich

**New Testament Reading – 1 Peter 5:6-8 - NIV**

Lisa Goodrich

**Congregational Response**

Lisa Goodrich

Leader: The Word of the Lord.

**All: Thanks be to God.**

**Sermon Title:** Blessed or Stressed

Lay Pastor Ron Marston

**Key Scripture:** Philippians 4:6-13 - NLT

**Big Idea:** The stress in our lives is man-made, not God-made.

*Going Out in God's Name*

**\*Congregational Singing**

"Lead On, O King Eternal " #332

**\*Charge and Benediction**

Lay Pastor Ron Marston

**Postlude**

Mark Hunter

*Slane*

Please remain seated during the Postlude.

\*Please stand as you are able



## Overflow Student Ministries & Mission

SUNDAYS	WEDNESDAYS	MISSION
<b><u>Nursery/Preschool</u></b> 18 months - age 5 9:30am – 10:30am Location: Room 11	<b><u>Nursery/Preschool</u></b> 18 months - age 5 6:30pm – 8:00pm Location: Room 11	<b><u>Dunedin Cares</u></b> is our monthly food drive. Throughout the month we collect items and donate them to Dunedin Cares, the community Food Pantry. Suggested items for <b>August</b> are <b><i>Pancake mix and syrup, ground coffee, tea bags, fruit snacks, canned soups, canned beans, etc.</i></b>  <b>Next Van Pick Up: 8/28/22</b>
<b><u>Elementary Age Children</u></b> K – 5th Grade Location: Room 10 9:30am – 10:30 am	<b><u>The Current</u></b> K – 5 <sup>th</sup> Grade 6:30pm – 8:00pm Location: Room 10	
<b><u>Middle and High School Youth</u></b> 9:30am – 10:30am Worship in sanctuary	<b><u>Overflow Youth</u></b> 6 <sup>th</sup> – 12 <sup>th</sup> Grade 6:30 – 8:00 pm Location: Room 12	

## Life Groups Meeting Throughout the Week

**NOTICE:** *All groups are always open to newcomers - no reservation necessary, just show up. Due to the Covid-19 pandemic, many groups are meeting on ZOOM. Contact the Leader of the group you would like to attend to access the meeting on ZOOM.*

### **SUNDAY**

9:30 am Davidson Group – A study of the Gospel of Luke. All you need is a Bible, and if you forget yours, we'll loan you one. Contact Ron Roberson: [operations@sapcd.org](mailto:operations@sapcd.org)

6:30 pm Impact Group – On break for the summer. Will return in person in the Fall.  
Contact Barb Hogsett ([bshogsett@gmail.com](mailto:bshogsett@gmail.com)) or Trish Pierson ([trishpierson@hotmail.com](mailto:trishpierson@hotmail.com)).

### **MONDAY**

7:00 pm - Love Does is a hybrid meeting on Zoom and at the Fiegle home.  
Contact Debi Fiegle ([dajfig@msn.com](mailto:dajfig@msn.com)).

### **TUESDAY**

### **WEDNESDAY**

6:00 pm – Living Out Loud. Meeting in Room 12.  
Contact Amanda Bowman ([amanda@sapcd.org](mailto:amanda@sapcd.org)).

### **FRIDAY**

6:30 pm - Friday Night Light – 1st & 3rd Fridays on ZOOM. Studying from Right-Now Media videos.  
Contact Carol White ([cwsunny@verizon.net](mailto:cwsunny@verizon.net)).

## MINISTRY OF PRAYER

### Those With Special Needs

Charlotte Quick	Jeannine Beebe
Dan and Sue Latsha	John Corl
Dianna Carty	Martha Brown
Cindy Withrow	Janet Calve
Jean Lennon	Jack Beebe
Patty Ingman	Barry Dowdy
Eleanor Conklin	Betty DeBauche
Eunice Beebe	Sue Koutsourais
Phyllis Bowles	Bob & Kay Hirst

### Those Serving in the Military

Jeremy Roberson (Navy)  
Chris Bogart (Air Force)  
Sergio Adam Castillejo (Coast Guard)  
Trevor Grantham (Marines)  
Cody Noble (Marines)  
Jacob Miller (Navy)

### Those Who Grieve

The family of Carl Bowles  
The family of Bob Wilson

### Those in the Hospital

#### Those Who Are in Homes, Assisted Living, Nursing Homes and Rehab Centers

**Eleanor Conklin**, *St. Mark Village Long Term Health Care Center, Palm Harbor*  
**Bill Hupp**, *Consulate Health Care, Safety Harbor*  
**Dee Nickels**, *St. Marks Memory Care, Palm Harbor*  
**Louise Smith**, *Coral Oaks Assisted Living, Palm Harbor*  
**Nancy Sullivan**, *Grand Villa, Clearwater*

### Out of the Area

**Marjorie Krueger**, *Clare Bridge of Jacksonville, 1005 Old St. Augustine Rd, Jacksonville, FL 32257*  
**Pat Quinlan**, *Woodbury Senior Living, 7012 Lake Rd, Woodbury, MN 55125*

In addition, please pray for our church, the church universal, our community, our nation and our world, those in distressing circumstances, and those in authority.

## WHO' S WHO IN THE CHURCH

### SESSION MEMBERS

Debi Fiegle, Class of 2024 .....dajfig@msn.com  
Barb Hogsett, Class of 2024 .....the4hogs@gmail.com  
Jeff Iosa, Class of 2024 .....pathcrx@aol.com  
Donna Weatherwax, Class of 2024 .....rapture309@yahoo.com  
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Dave Eggers, Class of 2023 .....deggers111@gmail.com  
Carol White, Class of 2023 & Clerk of Session.....cwsunny@verizon.net  
Diane Muehling, Class of 2022 .....dbmorerays@hotmail.com  
Dave Phillips, Class of 2022 .....sciencedave@gmail.com  
Rick Preston, Class of 2022 .....rick.preston@expeditors.com  
Christine Schlerf, Class of 2022 .....akboundangel@gmail.com

### THE STAFF

Ron Roberson, Director of Operations ..... operations@sapcd.org  
Richard Mathews, Director of Student Ministries..... richardmathews@sapcd.org  
Bill Muehling, Property Commission Chair..... property@sapcd.org  
Janice Wisinski, Traditional Worship Minister ..... janice@sapcd.org  
Mark Hunter, Organist ..... mark@sapcd.org  
Barbara Cooper, Financial Secretary ..... barbara@sapcd.org  
Becky Eggers, Treasurer ..... treasurer@sapcd.org  
Marvin Hawkins, Sexton .....marvin@sapcd.org  
Ron Marston, Office Manager .....ron@sapcd.org

### CARE GIVING CONCERN CONTACTS

Christine Schlerf, Prayer Chain .....prayerchain@sapcd.org  
Sherrill Roberson, Stephen Ministry Leader .....sherrillrstephenleader@gmail.com



## Kirk Memorial Gardens Final Engraving Booklets Available Now

- Check spellings & correct dates
- Make corrections
- Return booklet to basket in lobby





**BE A HERO GIVE BLOOD**

**Save The Date**  
**Our next 2 Blood Drives**

***Sunday, August 28th***  
***Sunday, October 30th***



**standrews**  
presbyterian church

Love God. Love People. Push Back Darkness.  
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